

# College of Health Science and Society

## Study day

### The LIVDem Post Diagnostic Training for course facilitators

The Living Well with Dementia (LivDem) course is an 8 week group intervention that aims to help people living with dementia talk more openly about their diagnosis.

The four training sessions will enable facilitators to deliver the course and will cover:

1. The LivDem model— talking with people about their diagnosis.
2. The course content of weeks.
3. Techniques of group work.
4. Setting up and delivering groups

The fifth session is a follow up designed to help people to overcome any challenges in setting the course up locally. In order to help you to get the most out of this training, it will help you to have a copy of the Living Well with Dementia Course facilitator workbook to refer to.

For more information about LivDem, visit [www.livdem.co.uk](http://www.livdem.co.uk)

Prof. Rik Cheston, Dr Emily Dodd and Dr Natasha Woodstoke

## Date

On Wednesdays  
5 March 2025  
12 March 2025  
19 March 2025  
26 March 2025  
20 May 2025 (11.00 -12.00)

11.00 – 13.30 GMT

To book a place via our [webpage](#)

## Location

Online delivery via MS Teams

## Cost

£250

## Contact

PD Team  
+44 (0)117 32 81158  
[PD@uwe.ac.uk](mailto:PD@uwe.ac.uk)

