

College of Health Science and Society

Study day

The LivDem Post Diagnostic Training for course facilitators

The Living Well with Dementia (LivDem) course is an 8-week group intervention that aims to help people living with dementia talk more openly about their diagnosis.

The four training sessions will enable facilitators to deliver the course and will cover:

1. The LivDem model— talking with people about their diagnosis.
2. The course content of weeks.
3. Techniques of group work.
4. Setting up and delivering groups

The fifth session is a follow up designed to help people to overcome any challenges in setting the course up locally. In order to help you to get the most out of this training, it will help you to have a copy of the Living Well with Dementia Course facilitator workbook to refer to.

For more information about LivDem, visit www.livdem.co.uk

Prof. Rik Cheston, Dr Emily Dodd and Dr Natasha Woodstoke

Date

12 May 2026, 11.00 – 13.30
19 May 2026, 11.00 – 13.30
2 June 2026, 11.00 – 13.30
12 June 2026, 11.00 – 13.30

Dates for the 5th meeting will be announced later.

To book a place see our [webpage](#)

Location

Online delivery via MS Teams

Cost

£250

Contact

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